

07 September 2023

Dear Parent/Carer

Nut Allergy Reminder

A number of our pupils have various allergies that we are able to manage in order to keep them safe and well. However, some allergies, such as a very severe **nut** allergy, have much more serious consequences. Anaphylaxis (allergic reaction) can occur as a result of **digestion, inhalation or any other contact** with nut-based products.

We are taking this opportunity to remind parents that, for the safety of anyone in our school with such issues, we ask that you support us in banning all nut-based products from the ALP school premises. This includes sending your child into school with a nut-based product for a snack or packed lunch - even if it may only contain traces of nut. Some allergies are so severe that even the slightest of contact with nuts would cause a severe and potentially life-threatening reaction. Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts

If a pupil is found with a nut-based product, we will have to confiscate and dispose of the item immediately. If any child persistently brings in such items, more formal procedures may need to be followed.

Thank you in advance for your cooperation with this matter.

Yours sincerely

L Hall

Miss L Hall
Executive Headteacher